

Which of them, an intelligence quotation (IQ) or an emotional intelligence quotation (EQ) is more important and dose it possible to raise them?

To understand the higher more importance of IQ OR EQ, we should first to know about the a-difference between these two types of tow intelligence and then try to find which of them can be enhanced /raised?

According to psychologists, IQ includes mathematics, logical reasoning and memory. This intelligence could bring us a significant educational degree and professional success, But most of the people with an impressive fabulous IQ are doing poorly in their life because they are thinking, communicating and behaving somehow that eventuates in wasting their potential to some extentd which that disturbs their opportunity for having a prosperous life. Besides, IQ is gifted and by birth, so it cannot changing easily.

Then as psychologist~~s~~ said, EQ or EI is directly related to perceivinge emotions, trammel emotions and being moderate, understand and manageing those emotions. They considered the people with high EQ can reason and solve problems in basic of them with recognized and managing of emotions and handling relationships. Moreover, you can always change your EQ for excellence surpass.

Due to the reasons given, IQ is a measure of the ability to learn or understand, but EQ is a measure of the ability to use your emotions and logical skills. Furthermore, if IQ helps you get in the door, EQ helps you succeed at a job, and besides, if IQ gets you through school, EQ gets you through life. In this the way, you can constantly excel by changing your EQ.